
MEDICAL INFORMATION TERMS

Further information about our website:

The Pain in the Bump website and social media sites offer advice and information on symptoms that are thought to be directly or indirectly related to pregnancy, birth or life with a baby or young child. Although the advice and information has come from registered Physiotherapists in the UK, it should not be relied upon as a substitute for professional medical advice from your own GP or other healthcare provider. The advice and information on this site is designed for non-commercial, informational purposes only. If you are worried about any symptoms that you have, before following any of the advice on this site, then you must speak to your own healthcare provider. We, at Pain in the Bump, do not know your individual medical background and therefore the information given is not specific to you. The use of any information provided on this site without a consultation with your healthcare provider first, is at your own risk. Nothing stated or posted on our website or social media sites is intended to be, and must not be taken to be professional medical practice.

Our website is very much based on medical research and reviews. We always aim to find the most recent research papers to base our advice on but we cannot find them all and we cannot guarantee that they are all up to date, at all times. This means that some advice could be incorrect, it is therefore essential that you seek medical advice before following any of the advice found on our site and also in the research papers that we reference. Developments in medical research may also impact the advice that is provided on the site, advice in medicine can change very quickly, we cannot guarantee that our advice is up to date with the latest medical advances and therefore it is essential that you seek professional medical advice from your own healthcare provider before following any of the advice found on our site. If you rely on any of the information provided by this website or the social media connected with Pain in the Bump or the services, our employees, or guests or visitors to the connected with the website, you do so solely at your own risk. By Using Our Site You Accept The Terms of this Policy